

For more information on the Gottman Method
visit:
www.gottman.com

About the Presenter

Mike Fidler, MSW RSW

Mike Fidler has assisted couple for over 30 years as a relationship therapist. Mike has been co-leading marriage preparation courses for over 25 years. He is an international Arts & Science of Love Couples Workshop presenter and Gottman clinical trainer. As a Master Trainer with the Gottman Institute he is certified to teach Level I, II and III training for clinicians and consult for the final stage of clinical certification. Mike has worked over 10,000 hours with couples during his 30 plus year practice. Mike was a child abuse specialist for 12 years and taught provincially & nationally for over six years for the Institute for the Prevention of Child Abuse and is known for his clinical experience, conceptual clarity, and humour.



Positive Relationship Inc.

8:30am - 5:00 pm
March 25-27th, 2020

1558 Charlotteville Rd 8

Simcoe, ON N3Y 4K5

Phone: 1-800-848-5632

Positiverelationship2@gmail.com



20 CE Credits available for purchase from
R. Cassidy
www.gottman.com

Gottman Level 3 Therapist Training

Practicum Training

Email:
positiverelationship2@gmail.com

Phone: 1-800-848-5632

Who Should Attend

This workshop is only available to graduates of the Gottman Level Two training. The attendee must have a Master's or Doctoral Degree or are currently enrolled in a graduate program within a mental health related field.

Upon completion you will be able to identify that you have practicum level training. You can choose to enter the certification track: consultation & video review.

Workshop Objectives

At the end of this workshop participants will understand how to:

- Effectively use the Oral History Interview during a couple's assessment and understand its implications.
- Clearly explain to a couple their strengths and challenges in terms of the "Sound Relationship House."
- Help partners identify their own "Four Horsemen" and understand the antidotes.
- Select and utilize appropriate tools to help a couple deepen their "Friendship System"
- Clarify a couple's conflicts in terms of solvable, perpetual, and grid-locked problems.
- Use the "Dreams Within Conflict" technique to help a couple feel hopeful and to achieve break-through with their perpetual conflict
- Successfully intervene when one or both partners are flooding.

-Help a couple reach solutions using the Compromise Ovals intervention.

-Sensitively intervene when co-morbidities are present.

About the Workshop

Fine-tune and master your skills using Gottman Method Couples Therapy. Participants in the Level 3 Practicum Training, together with Mike Fidler, examine videos of couples brought in by workshop participants. In the Gottman Training, videos are used as teaching and learning tools to help deepen understanding of when and how to use various Gottman Method approaches and interventions, and how to break destructive patterns and replace them with meaningful interactions.

During this workshop, Mike Fidler MSW RSW will lead discussions, demonstrate techniques, and provide guidance in developing a road map for clinical decisions. Participants have the opportunity to practice and refine their use of Gottman Couples Therapy through participation in role-plays, demonstrations and discussions in a small group setting, and receive personalized guidance and supportive coaching from Mike Fidler a Gottman Master Trainer.

Case Discussion:

Participants are asked to bring a video segment (10mins) of difficult and challenging couples to the workshop. The therapist's work will not be critiqued, as the video does not need to show the therapist/. The videos will be used to illustrate how the Gottman Method can be applied to tough cases.

REGISTER

Name Degree/License

Address

City Country/Province/P.C.

Phone

Email

How can we accommodate physical challenges?

REGISTRATION FEE:

- Standard Registration \$1,150.00 with Gottman Binder.
- Early Bird Registration \$1,100.00 with the Gottman Binder, before **February 20th, 2019.**

Refund Policy: Refund minus \$50 when cancelling prior to two business weeks before the workshop & \$100 after that date.

Payment Information: (Select One)

- Cheque: Payable to: Positive Relationship Inc.
- E-Transfer: pfidler29@gmail.com

Confirmation of your workshop registration will be emailed to you.