Michael Basta, LCSW (Santa Rosa, CA)

I am a clinical social worker with 30 years experience helping emotionally distressed couples and families to improve their relationships and to develop more effective interpersonal skills. I began my training as a Gottman Method Couples Therapist in 2002 and this method has become the central focus of my practice. I am appreciative for the clear road map that it has given me for my work with couples.

Currently, I primarily see couples in my practice using Gottman Method; however, I also utilize elements of Emotionally Focused Couples Therapy, Narrative Therapy, Structural Family Therapy, and Dan Wile’s Collaborative Couples Therapy. I believe that one of the strengths of the Gottman Method is its adaptability to complementary methods. In addition to my work as a Gottman Method Couples Therapist, I have been providing the Art and Science of Love Workshop (with my colleague Marcia Gomez) three times per year since 2008. I also have been presenting Level 1 and Level 2 workshops, and will be offering Level 3 starting in 2015.

I find it invaluable to be part of the community of Gottman clinicians, as collaboration with my colleagues challenges me to continue to learn and grow as a clinician. I am also honored to be part of this talented and dedicated group of professionals. One way that I maintain my connection with the community of Gottman clinicians is to serve as a Master Teacher at the Gottman’s couples workshops in Seattle, training Gottman Method Therapists to become effective roving clinicians.

I believe that consultation is the central process for therapists to integrate Gottman Method into their work. It troubles me that many clinicians seem to think of Gottman Method as being restricted to psycho-education. I believe that it is important for those learning Gottman Method to develop an understanding of the potential depth and breadth of the approach in addition to mastering the specific techniques. Further, I believe that the consultant-consultee relationship needs to be one of trust and honesty. It takes some courage for clinicians-who are often used to working in privacy- to expose their work to others through case discussion and video tape review. It is important to develop a relationship of safety and collaboration for the consultation process to be effective.

William Bumberry, Ph.D. (Chesterfield, MO)

I’m a clinical psychologist with more than 25 years experience helping couples create connection and deepen their bonds. During the past decade, the Gottman Method, with its clinical clarity and impactful interventions, has been at the center of this work. In addition to being a Certified Gottman Therapist, I’m also active in presenting the Level 1, Level 2, and Level 3 workshops and serve as a video reviewer.
Being part of this community continues to inform my practice and enrich my professional life. While there are many rewarding aspects to belonging to the Gottman community, one of the most gratifying is the opportunity to serve as a consultant to clinicians pursuing certification.

Consultation is the central process for helping you integrate the Gottman Method ideas and interventions into your work. In addition to becoming proficient in using the core Gottman Method interventions, understanding their “spirit” is essential in learning to effectively blend them with your own therapeutic style. The process emphasizes using case consultation and videotape review as the most effective ways to provide focused, clinically relevant feedback regarding your work.

Carrie Cole, M.Ed., LPC (Houston, TX)

I have been drawn to John Gottman’s research since graduate school, as my greatest joy is working with couples. My husband and I opened the Center for Relationship Wellness in 2006 with the intention of specializing in couple relationships using Gottman Method Couples Therapy. My own consultation process was very helpful in my development and confidence. The interventions are powerful and helpful to couples, and they provide guidance and clarity for the therapist. My goal is to help Consultees gain confidence in the use of Gottman Method Couples Therapy in a safe, supportive, collaborative environment.

I have been a supervisor in the State of Texas for over 10 years and have loved helping colleagues develop and achieve their professional dreams. I believe in giving feedback in a thoughtful, empathic, and relational way. In addition to being a consultant for The Gottman Institute, I am an approved Level 1, Level 2 and Level 3 Trainer, and an Art & Science of Love Workshop Leader. I also do Marathon therapy with couples.

Donald (Don) Cole, D.Min., LPC-S, LMFT-S (Houston, TX)

Bringing help to couples has been a long standing goal for my work, but until I learned and began to use the Gottman Method I found myself frustrated more often than not. The research based theory and techniques give me a sense of confidence even when dealing with highly conflicted or emotionally distant couples. I have also been personally enriched by my ongoing participation with The Gottman Institute. I am a frequent rover at Art & Science of Love workshops in Seattle and also present that workshop to couples here in Texas.

I am a Trainer in the Gottman Method and have had the privilege of helping other therapists learn the theories and techniques from which I have benefitted so much. My experience with my consultant was warm, accepting and challenging and was an essential part of my being truly able to integrate and use the Gottman Method. As a consultant I seek to bring that same helpful approach to others.
John (Jack) Crossen, Ph.D. (Portland, OR)

During more than 30 years in private practice and on faculty at Oregon Health & Science University, I have become very familiar with the problems faced by couples involved in health care, biomedical research, engineering and teaching. My background in clinical psychology is grounded in research-based clinical practice best defined by term “third-wave” of cognitive-behavioral therapy, which emphasizes the understanding the context of problems and approaching them nonjudgmentally. This is also essential in Gottman Method Couples Therapy to help couples with emotional regulation, meaningful goal setting and developing confidence in working together when stuck or surprised by relationship difficulties. It has been a great joy to find rich opportunities to integrate this approach with other models of therapeutic change guided by a gentle and humanistic touch.

What has been most gratifying to me about working with colleagues using Gottman Method Couples Therapy is developing relationships with like-minded clinicians committed not only to the well-being of their clientele, but also to nurturing supportive relationships with each other as professionals. This sense of community has deepened since I began taking workshops at the Gottman Institute became certified in 2008 to offer couples therapy, and soon after that to offer Art and Science of Love workshops and Seven Principles workshops. I have found the principles and applications of Sound Relationship House theory to be robust and flexible. Also, during my training experiences through The Gottman Institute, I have consistently encountered sensitivity, safety and acceptance in the experience of developing not only specific professional skills, but also in growing as a clinician. My commitment is to model and share these same kinds experiences from an interdisciplinary perspective with others undertaking the rewarding challenges of attaining and expanding proficiency in Gottman Method Couples Therapy.

Mike Fidler, MSW, RSW (Simcoe, ON)

I’m a clinical social worker with more than 30 years’ experience helping couples repair relationship and deepen their love. In my undergraduate I was well trained in emotionally focused client centered interviewing and was also drawn to systems theory focusing on interactional interventions. In my graduate year I was trained by some of the best in structural and strategic family therapy. As it turned out my root therapeutic training was in conflict at multiple levels. During the past eight years, the Gottman Method, with its attention to emotional proximity, robust assessment format and impactful interventions has catapulted me into greater confidence, greater ease dealing with complex relationships and greater felt sense of competence. In addition to being a Certified Gottman Therapist, I’m also active in presenting the Level 1, Level 2, and Level 3 workshops, the Art & Science of Love Couples Workshops and Marriage Preparation.

The Gottman Institute with leading edge curriculum and dedication to excellence is a friendly professional community that continues to inspire my practice. In Ontario, I have a full time clinical
practice with eight clinical associates and three office locations. I consult as needed, similar to my role as a child abuse specialist earlier in my career. I am delighted to have an opportunity to serve as a consultant to clinicians pursuing certification.

Consultation is the central process for helping you integrate the Gottman Method concepts and interventions into your working style. I expect clinicians to bring different needs and challenges as you become proficient in using the core Gottman Method interventions. The process emphasizes using case consultation and videotape review to provide focused, clinically relevant feedback regarding your work.

Ken Fremont-Smith, LMHC, MAC (Seattle, WA)

To become a Certified Gottman Therapist is to join a community of talented, enthusiastic and dedicated couples therapists. I am passionate about being a consultant because our current number of counselors cannot possibly reach all the people who would benefit from this methodology.

I make this commitment to our work together: to help you develop and blend your present skills with the Gottman Method so you can be the successful counselor that you want to be.

I have been working with the Gottman Method since 2000 (certified since early 2006). My caseload is 80% couples, and I use the Gottman approach consistently, for the rich results it brings. I also specialize in addiction/recovery issues (20+ years).

Mary Beth George, M.Ed, LPC (Houston, TX)

I am passionate about the Gottman Method and have built a successful practice around it. I love seeing couples heal their relationships through counseling and marathon therapy, as well as The Art & Science of Love workshops, which I teach four times per year. Being a Gottman Trainer I stay busy conducting workshops at all levels. To stay connected to the Gottman community I rove at The Art & Science of Love workshops in Seattle, and have built a strong network of colleagues and friends. In short, I believe in the Gottman Method and love what I do.

In addition to being a Licensed Professional Counselor, I worked for many years as a dietitian, often blending my two specialty areas. My background is varied with clinical experiences in both inpatient and outpatient settings, teaching at Texas A & M University and managing a graduate level internship program, and working with unique populations including domestic violence and LGBT.

My style in working with clients and students alike is straightforward, collaborative and compassionate. I have not forgotten what it is like to be a consultee struggling to get videotapes, so I can offer plenty of empathy, advice and humor to keep that process going smoothly. The consultation phase does not have to be daunting and I wrote an article for consultees on how I managed that process in record time.
I am happily married with a teenage son, retired racing greyhound, and the sweetest Australian Shepherd on the planet. I am a nature junkie and love to hike, run, garden, eat healthfully and travel to scenic destinations.

Marcia Gomez, LCSW (Santa Rosa, CA)
My goal as a consultant is to make Consultees feel comfortable, safe and encouraged in the certification learning experience. I enjoy and benefit professionally from giving Consultees feedback on their video cases. Although supervision through videotaping can be very challenging for clinicians, I believe it is the most effective and accurate method to assess therapeutic skills and provide feedback to clinicians. I am always open to receive feedback from Consultees to make consultation an effective tool to achieve certification in a timely manner. I offer consultation in both Spanish and English.

Joan Hoffman, Ph.D. (Westminster, MD)
It’s a privilege to guide and support prospective Gottman therapists through the seemingly overwhelming maze of the certification process. My goal is to coach therapists to experience the subtle power of the Gottman Method in their practice settings. I find that case consultation and videotape review are effective ways to provide clear feedback so that therapists, at their own pace, can learn the core skills that will lead them ultimately to certification. I really appreciate the opportunity to develop collegial relationships through this collaborative effort.

An often-cited benefit of being a Certified Gottman Therapist is the connection to a stellar community of therapists. As an experienced Art & Science of Love Workshop Leader, I can tell you first-hand that many workshop attendees request follow-up therapy. The power of our motto, “Small Things Often” is contagious; and, with that in mind, fostering the development of new certified therapists is a very satisfying endeavor.

Stacy Hubbard, LMFT (Ashland, OR)
I am a Licensed Marriage and Family Therapist in private practice in lovely Ashland, Oregon. I consider myself lucky to have discovered the Gottman Method in Graduate School at Portland State University in 2003. The method gave me the framework and the tools to deal with difficult couples. I passionately pursued certification in the method because of how powerful it is. Getting the news that I had passed certification was one of the best days of my life. It has continued to be a blessing to be in this community of amazing clinicians and I have formed some very close friendships with other Certified Gottman Therapists.
I am now lucky to have the chance to lead you through certification. This is an important process, and developing a trusting rapport with you would be my privilege. I have a background in athletics and I always found as both an athlete and a coach that positive feedback and encouragement is just as crucial as the feedback on what you need to improve. I am nurturing and positive and I like to make the process fun and engaging. I want to make your journey on the Gottman certification track as wonderful as mine was.

In addition to private couples therapy, I am also a certified EMDR therapist working with trauma survivors. I also provide marathon therapy for couples, lead the Art and Science of Love couples workshops, and train therapists in the Gottman Method. In my free time I love paddle boarding, and being with my dog. Good luck on your journey!

Lisa Lund, CRC, MFT (San Rafael, CA)

It is a pleasure for me to work with Clinicians in their final step toward becoming a Certified Gottman Therapist. This stage is one of the most exciting and rewarding as you integrate the Gottman Method into your practice and hone your skills. My role as your consultant is to create a positive and supportive learning environment while assisting you to apply the Gottman concepts to your couples. My personal journey with The Gottman Institute has been spectacular. It’s changed the way I practice and provided me with many professional opportunities. I currently teach the Level 1, Level 2 and Level 3 Gottman trainings and host/co-present The Art & Science of Love Workshop for couples in Northern and Southern California. The certification process is a powerful experience and one that I would be pleased to share with you.

Michael McNulty, PhD, LCSW (Chicago, IL)

I have over twenty years of experience as a clinical consultant. I enjoy working with Consultees who work with challenging situations. I approach clinical work with a realistic and thoughtful perspective, hoping to connect with clients and couples in an empathetic and sensitive manner. I attempt to help my Consultees achieve these same goals, using the Gottman Method. In addition, I help Consultees identify and pursue goals for professional growth and development. I particularly enjoy trying to blend or integrate the Gottman Method with other theories, such as psychoanalytic approaches and emotion focused therapy.
Vagdevi Meunier, PsyD (Austin, TX)

Vagdevi Meunier, PsyD, is a licensed clinical psychologist and Associate Professor at St. Edwards University in Austin, Texas. She has a private clinical and consulting practice in Austin where she specializes in couples and family therapy, couples workshops, training and supervision, and organizational consultation. A native of India, Vagdevi has extensive experience with multicultural psychology, especially eastern influences on psychological practice, and cross-cultural research on relationships. She has over 25 years of experience as a therapist, consultant, and educator and has been full-time core faculty in the Master of Arts in Counseling program at St. Edwards since 2004 where she teaches primarily marriage and family therapy courses.

Her primary clinical expertise is as a Certified Gottman Therapist and a certified Gottman Trainer Workshop Leader. She offers the Art & Science of Love workshop for couples twice a year in Austin and has joined other workshop leaders to offer this workshop for couples in other cities. She is also an approved professional trainer and consultant with The Gottman Institute and has presented nationally and internationally on the Gottman Method including Level 1, Level 2, and Level 3 trainings around the US and Canada.

Robert Navarra, Psy.D., MFT (San Carlos, CA)

I have been in private practice for over 25 years, and now work primarily with couples. I am an Art & Science of Love Workshop Leader, and a Gottman Level 1, Level 2 and Level 3 Trainer. I recently had the privilege to co-author a book chapter with Dr. John Gottman, titled “Gottman Method Therapy: From Theory to Practice”, in Case Studies in Couple Therapy: Theory-Based Approaches (Carson & Casado-Kehoe, Eds., 2011).

As a Research Associate at Mental Research Institute (MRI) I co-founded Center for Couples in Recovery and developed the “Couple Recovery Development Approach” (CRDA), based on original, ongoing research over the last 10 years at MRI. In collaboration with Dr. John Gottman and the Relationship Research Institute and blending research models, Dr. Gottman and I recently presented a workshop, training therapists and addiction counselors in this relational approach to addiction recovery and collaborated in designing a CRDA weekend workshop for couples recovering from addiction that is now being offered in several treatment programs. CRDA will be studied in randomized clinical trials looking at outcomes of working with couples in early recovery verses standard individually-oriented recovery approaches.
David Penner, PhD (Seattle/Mountlake Terrace, WA)

Consulting with therapists learning the Gottman Method is one of the most enjoyable aspects of my professional life. We begin the consultation process by establishing a climate of emotional safety from which one is encouraged to ask any question about using the Gottman Method and deal with information overload that is common in learning this method.

We'll start by reviewing the basics of how to manage the assessment and feedback process and go on from there with what’s next in using the Gottman Method. There is a balance between structure and flexibility to respond to individual concerns. Consultation becomes less structured and more Consultee driven as the process advances. The pace of consultation is determined by the Consultee and their readiness to move forward. Consultation blends providing support while focusing on the core skills necessary for certification. Like the Gottman Method itself, consultation focuses on the “nuts and bolts” of what it takes to become certified. Consultation is supportive, encouraging and very practical in helping to realize the goal of certification and in the process become the best therapist possible.

Trish Purnell-Webb, MPych(Clin), MAPS, AACBT (Gold Coast, QLD, Australia)

I am a clinical psychologist with special interests in couples therapy, trauma, and the training and mentoring of intern psychologists and therapists generally. I have been working with couples since 1998 and have found the Gottman Method Couples Therapy to be the most successful and reliable evidenced based approach around. I have many years of experience working with war veterans and their partners who present with a complex array of clinical issues in addition to their relationship problems. I am an experienced Australian Psychology Board approved supervisor with more than 15 years of training and mentoring intern psychologists to full registration. My approach is supportive, pragmatic and commonsense mixed with a little creative mischievousness.

I was the first certified Australian Gottman Method Marital Therapist and am an approved Trainer for Level 1, Level 2 and Level 3 Gottman Professional Training Workshops and the Art and Science of Love Couples Workshop which I run regularly around Australia. I am passionate about developing a strong professional and well trained network of Gottman therapists throughout Australia, New Zealand and Asia and have established the Relationship Institute Australasia as the mechanism to achieve this.
Alysha Roll, MSW, LCSW (Houston, TX)

I entered the human service field in the early 1990s. As I entered private practice, I was quickly introduced to the Gottman Method in my search for a means to better serve clients struggling in their relationships. Becoming certified has helped me build skills essential to aiding couples heal from years of hurt and betrayal. To me, enabling more therapists to be trained in the Gottman Method is vital.

I feel driven to do as much as I possibly can in order to help couples as well as therapists seeking to help couples. I am an Art & Science of Love Couples Weekend Workshop presenter and a Level 1, 2 and 3 Trainer. I also provide marathon therapy. My colleague, Mary Beth George, and I have built a practice dedicated to training clinicians and treating couples. I am grateful to be a part of a community of therapists that are devoted to helping couples and I appreciate being able to stay connected with the Gottman Institute and other Certified Gottman Therapists by regularly roving at the Seattle Art & Science of Love Couples Weekend Workshops.

My advice in getting certified: Jump into the material! I was certified quickly because I immersed myself into the Gottman Method. As a Social Work supervisor, I enjoy helping professionals hone their skills. I would love to help you get certified so you can be a part of this enthusiastic community of therapists, grow your practice confidently and truly help couples heal.

Jonathan Shippey, LMFT (Louisville, KY)

I have been a Licensed Marriage and Family Therapist in private practice since 1999 and have served clients in the Louisville, Kentucky area since completion of my Master of Arts in Marriage & Family Therapy from Louisville Presbyterian Seminary in 1997. I also hold a Masters degree in music composition from Southern Seminary, as well as a Bachelors degree in biology from Furman University in Greenville, South Carolina. I am a Clinical Fellow with the American Association for Marriage and Family Therapy and am a Senior Certified Gottman Relationship Therapist and Workshop Leader, having been personally trained by Drs. John and Julie Gottman at their Seattle Relationship Institute. I regularly lead the “Art and Science of Love” weekend workshop for couples and the Level 1, Level 2, and Level 3 Gottman Method trainings for clinicians. I am often a roving therapist when the Gottmans lead couples workshops in Seattle and regularly serve as the sole therapeutic assistant when John and Julie lead private retreats in their home on Orcas Island, WA.

I have completed an externship in Emotionally Focused Couples Therapy with Dr. Sue Johnson and the four EFT Core Skills workshops. My specialty in the field of couples therapy has led to several national speaking engagements, including a presentation for US Navy Seal Team Five, as well as a workshop at the national convention of the American Association for Marriage & Family Therapy. I created and have led several Couples Odyssey workshops for combat trauma survivors and their spouses on behalf of the Wounded Warrior Project. Prior to becoming a therapist I was an army officer in Germany, serving as a platoon leader of combat medics in a forward-deployed tank bat-
talion, followed by service as the company commander of the 130th Station Hospital in Heidelberg
during Operation Desert Storm.

As a clinician, I have a passion for helping distressed couples, abuse and trauma survivors, post-
divorce families and stepfamilies, servicemembers and veterans, and couples recovering from
betrayals of trust. I enjoy serving couples through marathon intensives as well as more traditional
weekly therapy. As a Gottman Method Consultant, I offer an engaging, personable, and respect-
ful style and am adept at helping clinicians develop mastery of key Gottman interventions, while
also facilitating the integration of Gottman Method into their own therapeutic modalities and
philosophies.

Sinead Smyth, LMFT (Alameda, CA)

The consultation process is rewarding and confidence-building as you
learn to integrate theory and practice with your own personal clinical
style. It can also be challenging, anxiety-provoking, and overwhelming at
times. As a consultant and as a long time clinical supervisor, I'm a believer
in creating a safe and supportive environment early on where you feel free
to share your work, learn from mistakes and celebrate successes.

I have been a licensed Marriage and Family therapist for 16 years and am a
Level 1, 2 and 3 Gottman Trainer and couples' workshop leader. In my pri-
vate practice, I have found my training in Gottman Method to be invaluable in its depth, breadth
and practical applications with distressed couples. Consultation is the time where you truly hone
your skills and deepen your understanding of the complexity of this approach.

My goal is for you to find the consultation process professionally and personally enriching in its
combination of support and developing proficiency in the core skills needed for certification. I
look forward to supporting you on your journey towards being a Certified Gottman therapist.

Lawrence Stoyanowski, M.Sc., MFT, RCC (Langley, BC, Canada)

I have been a Marriage and Family Therapist since 1991. After being in-
troduced to the Gottman method it has become a passion of mine to use
it with clients and to help other therapists integrate it into their prac-
tice. As a consultant I want to help other therapist to blend the Sound
Relationship House structure into their practice and realize the benefits of
this wonderful modality. It is my goal to help Consultees gain confidence
and skills with the Gottman Method as they become proficient with all the interventions. I try
to create a positive, comfortable, and humor filled, environment which is conducive to learning.
Along with my business partner, we have developed our entire practice, bestmarriages.ca around
the Gottman Method. I have enjoyed presenting several Art & Science of Love workshops as well as
teaching Level 1, Level 2, and Level 3 workshops to other clinicians.
I look forward to collaboratively working with candidates as we have fun, learn, and grow together using the Gottman Method.

**Lynda Voorhees, LMFT (Menlo Park, CA)**

Lynda Voorhees is a Certified Gottman Method Couples Therapist and a Certified Gottman Couples Workshop Leader with over 3 years experience consulting with potential Gottman Certified Therapists. She is a California licensed Marriage and Family Therapist with a private practice in Menlo Park, CA.

Lynda has been working with couples and families for over 25 years, initially dealing with families of addicts and alcoholics in substance abuse treatment programs and more recently in private practice. She is also a Certified Addiction Specialist.

Lynda's 30-plus year career includes teaching at the graduate level and providing training and consultation to businesses, professionals and community leaders on a variety of topics.

Lynda has 4 grown children and 5 grandchildren and lives with her husband and Australian Shepherd in a rural coastal town near the San Francisco, CA, peninsula. She enjoys travel, cooking, outdoor activities and playing with the grandchildren.

**Jeffrey W. White, Ph.D, LMFT-S (Dallas, TX)**

I'm a marriage and family therapist and pastoral counselor with more than 15 years’ experience helping couples create connection and deepen their friendship. Since 2004, the Gottman Method has been a foundational part of my approach with couples. Recently, I have explored ways to integrate the Gottman Method into couples’ spirituality, as well as points of connection between the Gottman Method and emotion-based approaches.

In addition to being a Certified Gottman Therapist, I'm am also active in presenting the Level 1, Level 2, and Level 3 workshops and have delivered these trainings in multiple locations across the US and in Asia. I am also a Couples Workshop Leader and offer The Art and Science of Love and The Seven Principles Workshop workshop to couples. I have served on the faculty in numerous Marriage and Family Therapy training programs. Currently, I am an AAMFT Approved Supervisor and an LMFT supervisor in Texas and New York.

Being part of the Gottman Institute continues to help me grow and deepen my clinical practice, as well as keeping me connected to an international network of therapists who implement the Gottman method in a variety of contexts with a diverse set of couples. I also have the privilege of serving as a consultant to clinicians pursuing certification with The Gottman Institute.

Consultation is a collaborative process that seeks to help you become proficient in utilizing Gottman Method interventions. It is vital that you effectively integrate the interventions into your own therapeutic style so that the Gottman Method is always delivered with authenticity. The
consultation process utilizes case presentations and videotape review as the most effective ways to provide helpful feedback to support your growth in the Gottman Method.

Darren Wilk, MA, RCC (Langley, BC, Canada)

Once I discovered the Gottman Method of working with couples I have done everything possible to learn as much as I could. My colleague and I have developed our entire practice around it called, bestmarriages.ca and have enjoyed presenting 20 Art and Science of Love workshops to further spread the Gottman word. I also have presented a number of Gottman Level 1 and Level 2 workshops as well as talks on marketing tips at a couple of Gottman conferences. Now as a consultant I want to help others feel very confident in using the method and eventually promoting it to your area. I will work with groups and individuals.

I have been in practice for 11 years and before that was working in various professional vocations including addiction counselling, youth and family work since 1988. I tend to work using a lot of creativity and encouragement to keep going when it things feel tough. I have a lot of experience with technology and love helping people through this consultation process quickly and smoothly. I feel it is best to get right at using the method with clients and start taping sessions immediately just to get the bugs out and not lose motivation by waiting too long.

I am a real believer in learning by doing, making mistakes and talking about what to do better next time. My wife and I have been married since 1988 and I have 5 children -- all girls – (some are foster children) so I have learned to be sensitive to any drama that might come our way. Cheers!

Scott Wolfe, Ph.D. (Columbia, MD)

I am a clinical psychologist who has been specializing in couples, family, and individual therapy for over 25 years. I first became aware of John Gottman’s research when completing my dissertation which was a longitudinal study of how couples adjust over their first year of marriage. I was so delighted to find out in the late 1990s that all of John’s incredible research that I had been reading over the years to inform my work with couples was now the basis of a research-based approach to treating couples. I attended the Level 1 training more than 10 years ago and I have been hooked ever since. My success rate with couples and my confidence in working with them dramatically increased. I became a Certified Gottman Therapist in 2006 and an Art & Science of Love Workshop Leader in 2007. I am also a Certified Gottman Trainer at Level 1, Level 2, and Level 3, and I present Gottman clinical trainings for professionals on the east coast.

Consulting with clinicians who are pursuing certification is one of my favorite professional activities. My goal is to foster a safe learning environment where you will feel comfortable using case consultation and video reviewing to share your work and get important feedback. My aim is to
help you master the core Gottman interventions necessary for certification and to develop confidence in the use of the Gottman Method. My style is supportive, collaborative, and very focused on your efforts to complete your goal of certification and to join the international community of Certified Gottman Therapists who are committed to excellence in clinical work with couples.

**Pat Worthey, Ph.D. (Everett, WA)**

I help couples to connect deeply, manage conflict, and honor dreams. I believe that each partner within the couple has a story that needs to be heard and honored. I help couples build trust and security in each other, and help them to fight less and realize dreams-- both their own dreams and that of their partner’s. Intense fighting, affairs, separations, gridlocked problems, deep hurts, parenting struggles, financial difficulties, and feeling disconnected are common referral issues. I draw treatment strategies from the two most effective couple therapies, the Gottman Method and Emotionally Focused Couples Therapy. Couples work together with me to design their own custom-tailored treatment plan. I also conduct Marathon Couples Therapy sessions, assisting couples to resolve intense conflict in a multi-session or one or two day format.

**Nancy Young, Ph.D. (Costa Mesa, CA)**

You might be thinking, “I feel pretty awkward about this videotaping thing and I really hate to be watched, especially when I’m learning something new!” If so, you’re not alone. One of the things I love most about the Gottman model is that it’s so collaborative and respectful. The model honors the experience and intellect of all clinicians interested in the Gottman work. From the beginning, John and Julie have incorporated the best of other models in the work and encouraged CGTs to contribute to a growing understanding about how to best help couples. They have urged us all to bring our individual artistry, informed by science, to their work. I’m collaborative, by nature, so that appeals to me.

Starting in the late 1970’s, my work has been about couples and romantic love: how people do love… not just how they “should” love. I videotaped all my clients doing everything all through the 1980s and I took copious notes on dating behaviors. I studied most of the models around, and then I stumbled on the Gottman work in the late 1990s, I was in love with it immediately! It wasn’t armchair philosophy… It was/is, at its core, an empirically-based study of how people actually do love… how they do it gracefully and how they do it awkwardly.

I’ve been a full-time clinician for over thirty years, twenty of which I also taught at Chapman University part-time, and I’m a CAMFT Certified Supervisor for MFT Interns. I love teaching, mentoring, and collaborating on case consultations. I teach Gottman Levels 1, 2, and 3 trainings and put on the Art & Science of Love Couple’s Workshop several times a year, all in Southern California.